



Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward.

<p>All complete student meals are free for the entire school year. Please apply for FREE and Reduced meals if you are interested in PBE-T benefits or any other benefits that may arise.</p>	<p>Students must take the full meal or pay the ala carte price                  Menu subject to change without notice due to availability                  Check us out on Facebook or <a href="#">Twitter @tasdfodservice</a>                  724-223-2000 ext. 6504</p>			<p>October 01  <b>CARROT About Others</b>    <b>Choose Quickly</b></p>
<p>October 04</p>	<p>October 05</p>	<p>October 06</p>	<p>October 07</p>	<p>October 08</p>
<p>WG Pop Tart                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Pizza                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Muffin                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Sandwich                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Oatmeal Bar                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>
<p>October 11</p>	<p>October 12</p>	<p>October 13</p>	<p>October 14</p>	<p>October 15</p>
<p>Scrambled Eggs and Biscuit                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Iced Donut                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Funnel Cake                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Sandwich                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Pizza                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>
<p>October 18</p>	<p>October 19</p>	<p>October 20</p>	<p>October 21</p>	<p>October 22</p>
<p>WG Pop Tart                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Pizza                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Muffin                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Sandwich                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Oatmeal Bar                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>
<p>October 25</p>	<p>October 26</p>	<p>October 27</p>	<p>October 28</p>	<p>October 29</p>
<p>Scrambled Eggs and Biscuit                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Iced Donut                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>WG Funnel Cake                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p>Breakfast Sandwich                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>	<p><b>2 Hour Early Release</b>                  Breakfast Pizza                  Cereal w/mini muffin                  Fruit Selections and Juice                  Assorted Milk Varieties</p>

**What is a MEAL?**  
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch.  
**Components are**  
**Meat or Alternative**  
**Grain/Bread**  
**Choice of Vegetable**  
**Choice of Fruit**  
**Milk Selections are**  
**1% White**  
**Chocolate**

Meals are Grab & Go  
 No choices of fruits and vegetables  
**Fruit May Include**  
 Oranges, Pineapple, Grapes, Banana, Pears, Peaches, Cantaloupe, Melon, Apples, Strawberries, Fruit Salad, Applesauce, Mixed Fruit, Mandarin Oranges, etc.

Daily Cold Veggies May Include  
 Carrots, Side Salad, Broccoli, Cole Slaw, Green and Red Peppers, Cucumbers, Cauliflower, Salad, Spinach Salad  
 Carrots, Side Salad,

**Make Payments online or send a check made out to Trinity Cafeteria**  
 Cash can be lost

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.