

Big Ideas, Enduring Understandings, and Essential Questions Per Unit of Study
Physical Education Grades K-2

Month of Instruction (In what month(s) will you teach this unit?)	Title of Unit	Big Idea(s) (A Big Idea is typically a noun and always transferable within and among content areas.)	Standard(s) Addressed (What Common Core Standard(s) and/or PA Standard(s) address the Big Idea?)	Enduring Understanding(s) (SAS refers to Enduring Understandings as “Big Ideas.” EUs are the understandings we want students to carry with them after they graduate. EUs will link Big Ideas together. Consider having only one or two EUs per Big Idea.)	Essential Question(s) (Essential Questions are broad and open ended. Sometimes, EQs can be debated. A student’s answer to an EQ will help teachers determine if he/she truly understands. Consider having only one or two EQs per Enduring Understanding.)	Common Assessment(s)* (What assessments will all teachers of this unit use to determine if students have answered the Essential Questions?)	Common Resource(s)* Used (What resources will all teachers of this unit use to help students understand the Big Ideas?)
August	Introduction to PE, rules, safety procedures/ drills etc.	Summary or overview of rules/expectations of class.	N/A	<ul style="list-style-type: none"> • Try your Best every day. • Come to class dressed properly with a positive attitude. • You are accountable to follow directions and understand what is expected in this course. 	<ul style="list-style-type: none"> • Am I trying my best? • Am I dressed properly for PE? 	Formal Observation	School Handbook of rules/procedures and grading.
September	Locomotor Skills	Movement/Fundamentals	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> • Power of opposites, legs and arms differ 	<ul style="list-style-type: none"> • How do I/we get better? 	Formal observation of the students performing the tasks	Experience, websites, PA Standards

				<p>one another during proper form.</p> <ul style="list-style-type: none"> • Repetition of proper technique leads to improvement. • Your mind must know what your body is doing. • Proper form/technique increases the performance. • A good planner knows when and where to make adjustments. 	<ul style="list-style-type: none"> • What do I do when I get stuck? • What do you know that could help you? 	<p>or activities using proper form.</p>	
October	Throwing/Catching/Kicking	Movement/Fundamentals	<p>10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.</p>	<ul style="list-style-type: none"> • Power of opposites, legs and arms differ one another during proper form. • Repetition of proper technique leads to improvement. • Your mind must know what your body is doing. • Proper form/technique increases the 	<ul style="list-style-type: none"> • How do I/we get better? • What do I do when I get stuck? • What do you know that could help you? 	<p>Formal observation of the students performing the tasks or activities using proper form.</p>	<p>Experience, websites, PA Standards</p>

				<p>performance.</p> <ul style="list-style-type: none"> • A good planner knows when and where to make adjustments. 			
November	Parachute, Scooters/Stilts/Relay Races	Movement/Fundamentals, Teamwork, Sportsmanship, Competition, Character Traits	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> • Competition can positively or negatively effect technique, behavior, attitude and performance. • Everyone should show sportsmanship towards opposing team and also teammates. • Respecting your teachers and peers creates a more positive and conducive learning environment. 	<ul style="list-style-type: none"> • Am I respecting others personal space to avoid accidents? • Am I being a good teammate? • Am I showing sportsmanship ? • Would my parents/guardians appreciate the way I am behaving right now? 	Formal observation of the students performing the tasks or activities using proper form.	Experience, websites, PA Standards
December	Bowling/Rockwall Climbing	Movement/Fundamentals	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> • Power of opposites, legs and arms differ one another during proper form. • Repetition of proper 	<ul style="list-style-type: none"> • How do I/we get better? • What do I do when I get stuck? • What do you know that could help 	Formal observation of the students performing the tasks or activities using proper form. Observing the students perform the activities to their best efforts and	Experience, websites, PA Standards

				<p>technique leads to improvement.</p> <ul style="list-style-type: none"> Your mind must know what your body is doing. Proper form/technique increases the performance. A good planner knows when and where to make adjustments. Understanding the safety zones on and off the Rockwall. 	you?	keeping a very close eye while they climb on the Horizontal Rockwall.	
January	Pindown, Battleship (throwing games)	Movement/Fundamentals, Teamwork, Sportsmanship, Competition	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> Power of opposites, legs and arms differ one another during proper form. A team is more than a collection of individuals. You can improve your performance regardless of who your competitor is. 	<ul style="list-style-type: none"> Would I want me for a teammate or competitor? Did I do the right thing? Who is my competitor? How does that influence me? 	Formal observation of the students performing the tasks or activities using proper form. Observing the students playing the throwing games to the best of their abilities while adhering to all the rules and also showing sportsmanship.	Experience, websites, PA Standards
February	Jump Roping	Movement/Fundamentals	10.3.3. D.	<ul style="list-style-type: none"> Try your best 	<ul style="list-style-type: none"> What do you 	Formal observation	Experience, websites,

	(singles/buddy/long etc.) American Heart Association (Jump Rope for Heart)	mentals, Competition, Teamwork, Sportsmanship, Character Traits, Well Being, Healthy Choices	10.4.3. A. D. E. 10.5.3. A. B. C.	everyday <ul style="list-style-type: none"> • Proper form and technique increases the performance. • A good planner knows when and where to make adjustments. • Your mind must know what your body is doing. 	know that could help you? <ul style="list-style-type: none"> • How will physical activity help me now and in the future? • What does it mean to be fit for me? 	of the students performing the tasks or activities using proper form. Total amount we raised for AHA Formal Observation of Jump Rope Event held at school.	PA Standards AHA Packets/supplies
March	Clean out the Backyard, Striking Balloon, Technology using the Wii	Movements/Fundamentals, Strategies	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> • Just because you couldn't do it today doesn't mean you won't be able to do it tomorrow. • Think before you start. • The new way is only harder for a short period of time. 	<ul style="list-style-type: none"> • Did I do the right thing? • How do I/we get better? • What do I do when I get stuck? • What do you know that could help you? 	Formal observation of the students performing the tasks or activities using proper form. Observing the students cooperate and staying active while rotating in and out of stations etc.	Experience, websites, PA Standards Nintendo Wii
April	Line Tag, Turtle Tag, Deer Hunter, Snake Pit (Tag games)	Movements/Fundamentals, Strategies, Sportsmanship, Competition	10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.	<ul style="list-style-type: none"> • Your mind must know what your body is doing. • Take care of yourself so you can be your best 	<ul style="list-style-type: none"> • What will I do next time? • What is healthy competition? • What 	Formal observation of the students performing the tasks or activities using proper form. Observing the students play the	Experience, websites, PA Standards

				<p>every day.</p> <ul style="list-style-type: none"> You are accountable for how you treat people and your surroundings. 	<p>adjustments do I need to make next time?</p>	<p>games adhering to all the rules while also showing sportsmanship to all classmates.</p>	
<p>May into first week of June</p>	<p>Intro. To Basketball, Soccer and Kickball</p>	<p>Movements/Fundamentals, Strategies, Sportsmanship, Character Traits</p>	<p>10.3.3. D. 10.4.3. A. D. E. 10.5.3. A. B. C.</p>	<ul style="list-style-type: none"> Repetition of proper technique leads to improvement. Just because you couldn't do it today doesn't mean you won't be able to do it tomorrow. Proper form and technique increases the performance. Try your best everyday Behaving well is as important as playing well. 	<ul style="list-style-type: none"> How will physical activity help me now and in the future? How do I/we get better? What do I do when I get stuck? What do you know that could help you? Did I do the right thing? 	<p>Formal observation of the students performing the tasks or activities using proper form. Observing the students trying their best after learning new techniques.</p>	<p>Experience, websites, PA Standards</p>

* Some teachers may need to think about the assessments and resources used in order to determine the Big Ideas, Enduring Understandings, and Essential Questions embedded in their courses. At this point in your curriculum mapping, you might want to ignore the "Common Assessments" and "Common Resources Used" columns. However, you may use them if you wish.